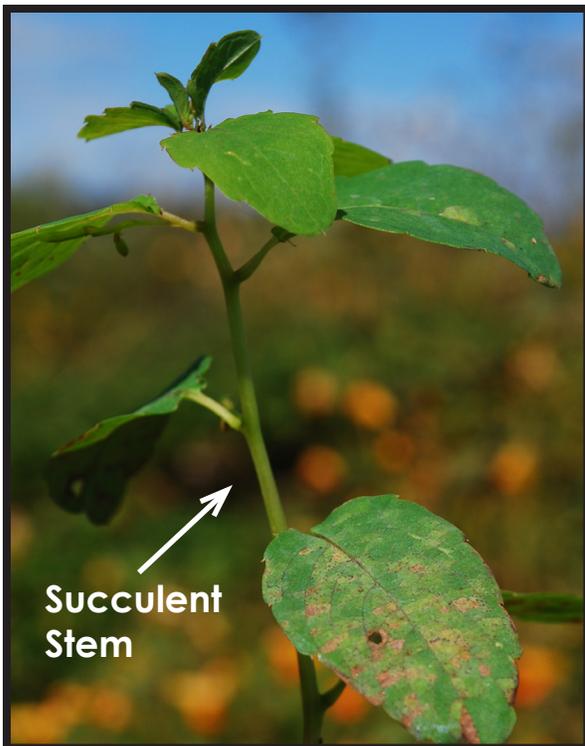
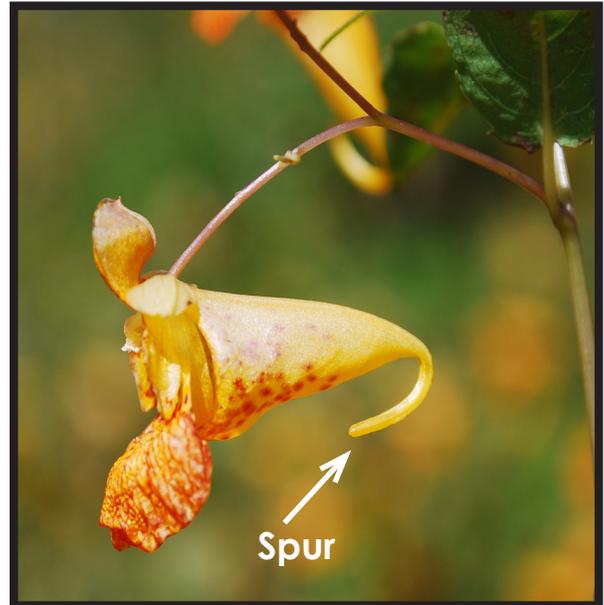
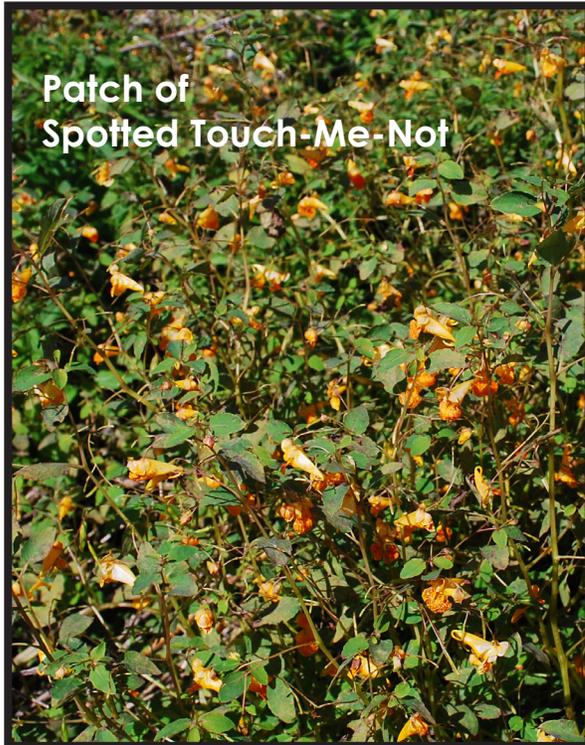


# Spotted Touch-Me-Not

*Impatiens capensis*

Minnesota C-Value: 2  
Wetland Indicator Status: FACW  
Native



**Leaves:** Alternate, oval, shallowly toothed leaves 3 - 10 cm long. Petioles are up to 5 cm long.

**Stems:** Smooth succulent stems 1.5 to 4.5 feet tall. Branching occurs on the upper portions of the stem

**Flowers and fruit:** Orange-yellow conical flowers. The mouth of the flower is half as wide as the flower is long. Typically 2 cm long. Spur at base of cone is 1 cm long and curves forward. The seeds are 2 cm capsules that pop open when touched during capsule maturity.

**Plant communities:** Floodplain forests, shrubb-carrs, wet meadows, wooded swamps, streambanks, and springs.

**Comments:** Annual, also known as Jewel Weed. The juice from the stem is said to alleviate rashes due to poison ivy or stinging nettle when rubbed on the skin.